# Social Connection Measurement Tools for Older Residents Living in Long-Term Care Homes

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### Introduction

- Social connection is a basic human need, and influences quality of life and care for older adults in long-term care (LTC) homes (1).
- Poor social connection has been linked to increase risk of mortality (2,3), worse mental and physical health (2,4), and hospitalization (2).
- LTC home residents are disproportionately affected by poor social connection due to cognitive impairment(s), mobility impairment(s), and seclusion from former ways of life (5).
- Social connection has not been clearly conceptualized leading to the use of inconsistent terminology and ambiguity around quantifying this construct.
- Various tools have measured aspects of social connection in LTC home residents, however, they have not been comprehensively reviewed.
- This study will profile and describe existing measurement tools so that a new, comprehensive tool can be developed to assess social connection in LTC homes.

Social connection is an umbrella term that comprises multiple distinct aspects describing how individuals connect to each other. Objective aspects of social connection Social engagement Social Social isolation networks Social support Loneliness Social connectedness Subjective aspects of social connection

Figure 1. Preliminary Conceptual Model of Social Connection. Aspects are related but distinct. Bidirectional arrows indicate the associations that exist between aspects.

## Objectives

- (1) Identify measurement tools tested in LTC home settings that assess any aspect(s) of resident's social connection.
- (2) Describe these measurement tools according to the aspect(s) of social connection assessed.
- (3) Analyze how dementia specific measurement tools may differ from those developed for broader use among all LTC home residents.

# Methodology

• MEDLINE ALL (Ovid), Embase Classic and Embase (Ovid), Emcare Nursing (Ovid), APA PsycInfo (Ovid), Scopus, CINAHL Complete (EBSCOhost), AgeLine (EBSCOhost), and Sociological Abstracts (ProQuest); primary research papers, no language limit, published from database inception to Nov. 2021, and updated in Apr. 2022

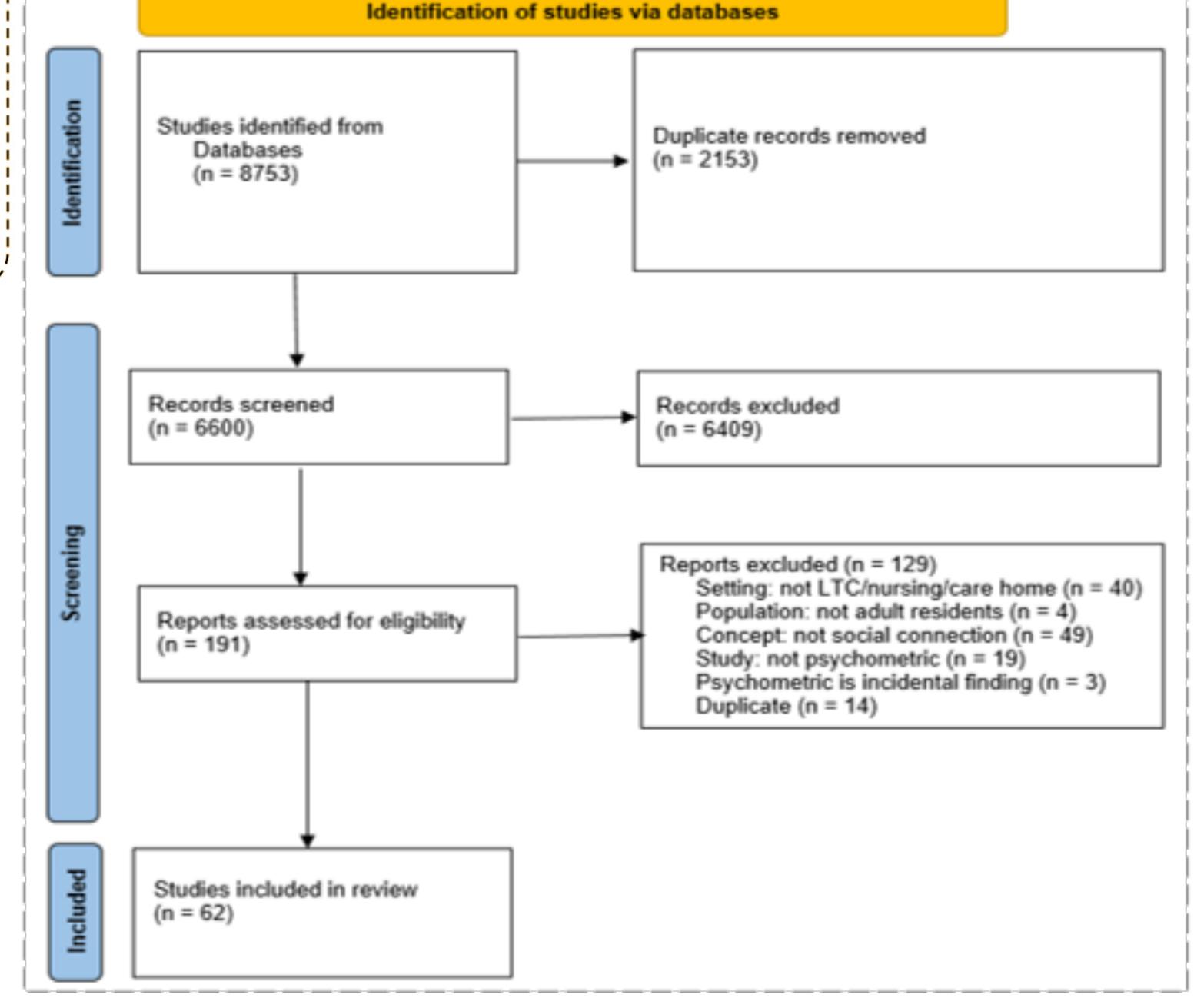
**Search One:** social connection AND LTC AND COSMIN filter **Search Two:** identified social connection measures from existing systematic reviews and search one AND LTC AND **COSMIN** filter

- Inclusion Criteria:
  - **Setting:** LTC home/care home/nursing home, >2/3 home residents
  - Population: adult residents, >2/3 aged over 65 years
  - Concept: Measures that assess any aspect(s) of social connection
- Study: Reported at least one psychometric property of the measure(s)

#### **Data Extraction:**

Included social connection aspects (Figure 1.); target population (e.g. residents with dementia); mode of administration (self or proxy report); measurement properties assessed.

Figure 2. PRISMA Flow Diagram for Search One and Search Two



### **Ongoing Results** 62 Extracted Research Papers and 35 identified Measurement Tools

1))QUALIDEM 19) Nursing Home Care-related Quality of 2) Quality of Life in late-stage Dementia Life Scale 20) Social Observation Behaviors Index (SOBRI) 3) Revised Index of Social Engagement (RISE) 21) Social Support Scale in Chronic Diseases 4) Quality of Life Alzheimer's Disease (QoL-AD) 5) Alzheimer's Disease Related Quality of 22) Quality of Life Scale 23) Socially Supportive Activity Inventory (SSAI) Life (ADRQL) 6) Nottingham Health Profile (NHP) 24) SAR Foundation's Satisfaction and Quality 7) Dementia Quality of Life (DQOL) of Life Scale (SyCV-FSAR) 8) Multidimensional Observation Scale for 25) Social Connectedness Index (from MDS 3.0) 26) Social Quality (from MDS) **Elderly Subjects (MOSES)** 9) ICEpop CAPability measure for Older 27) World Health Organisation Quality of people (ICECAP-O) Life (WHOQOL)-BREF 10) Time Use (from Minimum Data Set (MDS) 28) Satisfaction measure for elderly residents 11) Nursing Home Adjustment Scale (NHAS) in Galicia [relationship development] 29) Quality of Life-Alzheimer's Disease scale 12) Lubben Social Network Scale Revised (LSNS- in Nursing Homes (QOL-AD NH) [Intra & interpersonal environment-related QoL] 13) Social Well-being Of Nursing home residents- 30) World Health Organization's Quality of scale (SWON scale) Life Questionnaire-version for older people 14) Engagement of a Person with Dementia (WHOQOL-OLD) 31) Philadelphia Geriatric Center Morale Scale 15) The Index of Social Engagement Scale (ISE) 32) Sociability of Aged Persons 16) interRAI Self-Report Nursing Home Quality 33) Salamon-Conte Life Satisfaction in the of Life Survey **Elderly Scales (LSES)** 17) Laurens Well-Being Inventory 34) Nursing Home Outcomes for Gerontopsychiatry 35) Comprehensive Ability of Older 18) Maastricht Electronic Daily Life **People Assessment Scale Observation tool (MEDLO-tool)** 

### Conclusions

- Results will inform the preliminary conceptual model of social connection (Figure 1.) to demonstrate how social connection is conceptualized and operationalized in measures developed specifically for LTC home residents.
- Findings will inform future measurement tool development through its contribution to the SONNET study. SONNET is creating a novel, person-centered, social connection measurement tool for LTC home residents.

# Bibliography

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### **Study Details**

Funding: Alzheimer's Association / Brain Canada Advancing Research on Care and Outcome Measurement grant PROSPERO registration:

eee.crd.York.ac.uk/prospero/display\_record.php?ID=CRD4 2022303526

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